

## Safety Awareness – An Introduction



### **Course name**

Safety Awareness – An Introduction

### **Target audience**

All operatives, particularly good for new joiners and those requiring a refresher

### **Course duration**

½ day

### **Max number of delegates**

12 - 15

### **Venue**

Brighton, East Sussex OR suitable venue of your choice

### **Cost**

Phone for quote

### **Certificates**

Certificate of attendance

### **Tailoring**

This course can be tailored to suit specific requirements.

### **Course overview**

A half-day course giving an overview of the key areas of health and safety; ideal for those with little knowledge or experience of health and safety in the workplace.

### **Topics Covered**

- Health and safety policy
- Risk assessment
- Office safety
- Good housekeeping
- Accidents and first aid
- Fire safety
- Hazardous substances
- Manual handling
- Display screen equipment
- Personal protective equipment
- Workplace stress