

Display Screen Equipment (DSE) Assessor

**Course name**

Display Screen Equipment (DSE) Assessor

Target audience

All

Course duration

1 day

Max number of delegates

6

Venue

Brighton, East Sussex OR suitable venue of your choice

Cost

Phone for quote

Certificates

Certificate of attendance

Tailoring

This course can be tailored to suit specific requirements.

Course overview

A half-day course for individuals seeking to undertake their company's in-house DSE assessments.

Topics covered

- Definition of ergonomics
- Summary of DSE Regulations
- Legal requirements of assessments
- Common hazards and solutions
- Designing a questionnaire
- Co-ordinating and undertaking assessments
- Setting up the workstation correctly
- Eye and eye sight testing
- Environment – lighting, air flow and humidity
- RSI, Eye Strain and WRULD
- Assessing laptops and other portable devices
- Practical exercise